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Shapeshifting into Higher Consciousness: Heal and Transform Yourself and Our World with Ancient Shamanic and Modern Methods Audible Audiobook – Unabridged Lyn Roberts (Author), John M. Perkins - introduction (Author), Leslie Howard (Narrator), 4.7 out of 5 stars 29 ratings See all 3 formats and editions

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Shapeshifting Into Higher Consciousness: Heal and Transform Yourself and Our World with Ancient Shamanic and Modern Methods. Combining shamanism, spirituality, ecology and activism, Lyn Roberts shares her years of experience with indigenous healers who come from cultures that know how to shapeshift realities.

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Award winning author, Lyn Roberts is a prominent teacher of healing and shamanism. Her books include Shamanic Reiki, The Good Remembering, and the Independent Publisher's award-winning Shapeshifting into Higher Consciousness. Her most recent book, Speaking with Nature, coauthored with Sandra Ingerman, is a Nautilus Gold award-winner.

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Shapeshifting Into Higher Consciousness. 9 Comments / Intuitive Healing, Love Yourself / By Jodi Aman. A year ago, I decided to do something to nurture my soul. Go to Shapeshifting Into Higher Consciousness Retreat. Working hard to build my practice, study and teach Narrative Therapy, and attend to my family and home, I had been neglecting myself. I looked for a retreat that allowed me to pause my hectic life and spend time inside my heart rather than in my head.

**Shapeshifting Into Higher Consciousness – Jodi Aman ...**

Exercise: How to Shape-Shift . 1. Close your eyes and allow yourself to become deeply relaxed. As a suggestion, have a friend drum a very steady, continuous beat. (This is a traditional method to shape-shift.) Or play music designed for relaxation, which can help you enter into an altered state of consciousness. 2.

**How To Shapeshift - Heal Your Life**

Shapeshifting into Higher Consciousness. Heal and Transform Yourself and Our World with Ancient Shamanic and Modern Methods. By: Lyn Roberts , John M. Perkins - introduction. Narrated by: Leslie Howard. Length: 10 hrs and 48 mins. Categories: Religion & Spirituality , Other Religions, Practices & Sacred Texts.

**Shapeshifting into Higher Consciousness by Lyn Roberts ...**

Each year IPPY honors excellence in a broad range of subjects, rewarding authors and publishers who 'take chances and break new ground.' Lyn presents a potent combination of healing, spirituality, activism, ecology and shamanism by which you can effect positive personal and global change. ~ Cygnus. \* Shapeshifting Into Higher Consciousness is a living breathing experience of the power within each of us to radiate the creativity of life itself.

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Sep 18, 2019 - Amazon.com: Shapeshifting into Higher Consciousness: Heal and Transform Yourself and Our World with Ancient Shamanic and Modern Methods eBook: Roberts, Lyn: Kindle Store

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Lyn Roberts is a prominent teacher of healing and shamanism. Title Shapeshifting into Higher Consciousness. Awarded a Bronze IPPY in New Age(Mind Body Spirit) category of 2012 Independent Publisher Book Awards 2012. See details- Shapeshifting into Higher Consciousness: Heal and Transform Yourself and Our Wor

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Shapeshifting is a spiritual journey, a very tough one, but very rewarding, linking us with both the fundamental power of animals and with the higher self. It has a purpose and reality far beyond simply using shifter abilities for earthly benefits; it can lead us through the unseen veil that separates us from our Selves.

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