

Maslach Inventory Burnout Scale

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~~Christina Maslach, PhD, discusses " Burnout: An Overview "~~

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Maslach Burnout Inventory Scales Emotional Exhaustion (EE) The 9-item Emotional Exhaustion (EE) scale measures feelings of being emotionally overextended and exhausted at one's work. Higher scores correspond to greater experienced burnout. This scale is used in the MBI-HSS, MBI-HSS (MP), and MBI-ES versions.

~~Maslach Burnout Inventory—Wikipedia~~

The Maslach Burnout Toolkit combines the MBI with the Areas of Worklife Survey (AWS) to create an assessment to aid burnout prevention and remediation for human services professionals, medical personnel, educators, and for general professional use. The AWS is a companion piece to the MBI and identifies key areas of strengths and weaknesses in the organizational setting.

~~Maslach Burnout Inventory (MBI)—Assessments, Tests ...~~

STEP 2: Determine your score for the Abbreviated Maslach Inventory Use this sheet to determine your score for the statements filled out on the previous page. Then, add up your scores by color, and refer to the descriptions below. Categories are rated on a scale from 0-18. !! Every day A few times a week Once a week A few times a month Once a ...

~~Abbreviated Maslach Burnout Inventory~~

> 15: low burnout 13-14: moderate burnout 12: high burnout Depersonalization 3: low burnout 4-6: moderate burnout 7: high burnout Emotional Exhaustion 6: low burnout 7-10: moderate burnout 11: high burnout

~~Maslach Burnout Inventory (Abbreviated) MBI-9~~

1. I feel emotionally drained from my work. 2. I feel used up at the end of the workday. 3. I feel fatigued when I get up in the morning and have to face another day on the job. 4. I can easily understand how my recipients feel about things. 5. I feel I treat some recipients as if they ... Maslach Burnout Inventory (MBI) Read More »

~~Maslach Burnout Inventory (MBI)—Psychological Scales~~

The questionnaire adopted in this study to measure burnout is the Italian validation of the Maslach Burnout Inventory (MBI; Maslach et al., 1986; Sirigatti and Stefanile, 1993), composed of 22 ...

~~(PDF) The Maslach Burnout Inventory Manual~~

The Maslach Burnout Inventory – General Survey (MBI-GS) (Schaufeli, Leiter, Maslach, & Jackson, 1996) was developed in response to two aspects: first, studies using MBI-HSS outside human service professions found different factorial structures (Densten, 2001, Leiter and Schaufeli, 1996); second, both researchers and practitioners became more interested in burnout among professional roles which did not necessarily involve demanding social interactions.

~~Maslach Burnout Inventory—General Survey: Factorial ...~~

Measures of burnout Most studies used the Maslach Burnout Inventory Scale (n = 81), which comprises three subscales reflecting the theoretical model: Emotional Exhaustion, Depersonalisation, and reduced Personal Accomplishment. However, less than half (47%, n = 39) of the papers measured and reported results with all three subscales.

~~Burnout in nursing: a theoretical review | Human Resources ...~~

The use of 2 single items from the Maslach Burnout Inventory is the second best option: item 8 (" I feel burned out from my work " ,) and item 10 (" I have become more callous toward people since I took this job ") correlate strongly with the emotional exhaustion and depersonalization subscale scores and concurrent validity has also been demonstrated (J Gen Intern Med

2012;27:1445-52.

~~Valid and Reliable Survey Instruments to Measure Burnout ...~~

If you prefer rigorously validated tests, then the Maslach Burnout Inventory may be useful. This was developed by Christina Maslach, one of the leading researchers in the field of burnout. Copies can be purchased at this site.

~~Burnout Self-Test - Stress Management from MindTools.com~~

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The self-defined measure's sensitivity to correctly identify MBI-assessed burnout was 50.4% for clinicians and 58.6% for staff; specificity was 94.7% for clinicians and 92.3% for staff. Area under the receiver operator curve was 0.82 for clinicians and 0.81 for staff.

~~Maslach Burnout Inventory and a Self-Defined, Single-Item ...~~

The Maslach Burnout Inventory (MBI) has been the most widely used questionnaire in the evaluation of burnout. However, in both its theoretical formulation and its psychometric characteristics it...

~~(PDF) The physician burnout questionnaire: A new ...~~

Maslach, Christina. Christina Maslach, PhD, is a pioneering researcher on job burnout, who has won several awards for her work (most recently, the 2017 Application of Personality and Social Psychology Award). She is a Professor Emerita of Psychology at the University of California, Berkeley, and a researcher at its Healthy Workplaces center.

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Even though the validity of the Maslach Burnout Inventory-Student Survey (MBI-SS) is widely assessed across the globe, there is a paucity of related literature in the South Asian settings. Hence, this study was aimed at assessing the factorial structure, validity, and reliability of the MBI-SS among collegiate cycle students in Sri Lanka.

~~Validity and reliability of the Maslach Burnout Inventory ...~~

The Maslach Burnout Inventory 4 contains subscales for each dimension of burnout and is the commonly used inventory to assess burnout. To respect the multidimensional structure of the burnout syndrome, researchers generally report results separately for each dimension.

~~How to conduct research on burnout: advantages and ...~~

The items for the Maslach Burnout Inventory (MBI) were designed to measure hypothesized aspects of the burnout syndrome. The interview and questionnaire data collected during our earlier, exploratory research were a valuable source of ideas about the attitudes and feelings that characterized a burned-out worker.

~~The measurement of experienced burnout~~

Burnout syndrome severity has been measured using the Maslach Burnout Inventory, the gold standard for evaluating burnout in research originally developed in the 1980s. 18 The self-administered inventory includes 22 survey items divided into the 3 subscale dimensions of burnout syndrome and takes approximately 15 minutes to complete.

~~Burnout syndrome among healthcare professionals | American ...~~

CHRISTINA MASLACH is a professor of psychology and the vice provost for undergraduate education at the University of California, Berkeley. She has conducted research in social and health psychology, and is best known as a pioneering researcher on job burnout and as the author of the widely used Maslach Burnout Inventory (MBI).

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