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The ACA Fellowship Text (commonly referred to as the Big Red Book or BRB) is a meeting book, Steps book, Traditions book, workbook, and group guide. The ACA Fellowship Text was

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ACA members and  
provides guidance on  
working the 12 Step  
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together by the founding members of the 12-Step program Adult Children of Alcoholics (ACA) to help a person work the Steps and change any patterns he/she is experiencing in adult life that are related to growing up in a home where the grownups weren't able to meet the kids' needs for love, security, trust, and role

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